First meeting between a counsellor and a client who is required to attend an OPD counselling session. The counsellor is seeking ways to affirm the client,to find incentives that matter to the client, to

support the client in achieving his most important personal goals,and to help the client regain control by choosing to engage in treatment with an open mind.

The setting is an outpatient treatment program that accepts both private referrals and court-ordered referrals to a counselling group for substance users.

This is the first session between the counsellor and the client.